

2022 ANNUAL REPORT

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If my daughter chooses to have a child of her own,
I sincerely hope TMC is an option for a third generation.

Renee Krynock

TMC Client who was born at BirthPlace and had her daughter with The Midwife Center





Dear Friends,

2022 was a very special year for The Midwife Center – it was our 40th anniversary as the first and only licensed, freestanding birth center in Western Pennsylvania. We were thrilled to be able to honor our history alongside so many of our founders who made it all happen over 40 years ago.

As you know, The Midwife Center (TMC) has gone through many transformations since we opened. Despite the many challenges we have faced, our community continues to be there for us as we adapt, grow, and change to meet the needs of the Pittsburgh region and beyond.

In addition to our 40th anniversary, we were excited to launch some new services in 2022 to better serve our clients, including free Milk Makers Support Groups and Early Pregnancy Classes, IUI and ICI Family Building Services, and hiring our first Community Health Worker. So far in 2023, we have been happy to add ultrasound services and partner with Healthy Start, Inc. to offer Centering Pregnancy. We sincerely appreciate your support that has enabled The Midwife Center to add these important services and improve the care we provide at our facility.

While TMC's staff, board and supporters continue to work hard to make our care more comprehensive and accessible, we recognize that quality healthcare is still out of reach for many, and maternity health outcomes are getting worse instead of better. As one of the oldest and largest freestanding birth centers in the country, we know that while we work to improve care at our facility, we must simultaneously contribute to regional and national efforts to address these inexcusable realities. The Midwife Center stands with our national membership organizations, the American Association of Birth Centers and the American College of Nurse Midwives, as well as our community partners who are working to change legislation, policies, and payment systems to reverse these harmful and mostly preventable problems.

Our sincere thanks to you for working alongside us to be a part of the solution.

Sincerely,

Christine Haas, MA **Executive Director**

Emily McGahey, DM, MSN, CNM, FACNM Clinical Director

Victoria Kulli, MPH, RN **Board President**

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YEARS OF EXCEPTIONAL, CLIENT-CENTERED CARE

The Midwife Center

celebrated our 40th anniversary by committing to the goals of reducing barriers to care, fostering the next generation of midwives and reproductive health professionals, and supporting our clients and staff. Our community and supporters helped raise a record amount for TMC, an investment in the next 40 years of exceptional, client-centered care.



Emily McGahey, DM, MSN, CNM, FACNM, Clinical Director, and Alicia Vervain, Community Engagement Coordinator, with their vintage BirthPlace merch.



Mayor Ed Gainey speaking at Ruby Revelry, TMC's 40th anniversary celebration.



Founders of BirthPlace gather at TMC for a special dedication to them and their work. Pictured from left to right: Susan Johnson, CNM, Nancy Ritenour, CNM, Marilyn Mueller, Mary Hoeller, RN, JD, NCG, Karen Knudson, CNM, Eileen Minnock, CNM, Lori Albright, CNM, and Elizabeth Stifel, MD.

First Area Birthing Center An Alternative To Hospit





A 1982 article about the opening of the original BirthPlace, now The Midwife Center, on Ellsworth Avenue in Shadyside.

What a journey it's been...from a storefront converted to a welcoming, home-like place where families could come to give birth, attended by a nurse-midwife and a nurse...to the wonderful Midwife Center for Birth and Women's Health that now exists. It is testament to the notion that dreams CAN come true...especially when a good idea is combined with creative, hard-working, dedicated people who believe in it and work together to foster growth and development.

Linda Hoag TMC's Founding Midwife

NEW SERVICES IN 2022

IUI/ICI Family building Services: Intrauterine insemination and intracervical insemination services to support people who desire pregnancy, including single individuals and LGBTQIA+ families.

Milk Makers Support Group: A support group to bring together those who bodyfeed/breastfeed/chestfeed their child/children and discuss the challenges and joys of lactation. This group is grant-supported and coordinated by Simone Peterson, BSN, RN, IBCLC.

Early Pregnancy Zoom: A free, weekly discussion open to clients and non-clients who wish to learn more about early pregnancy, including evidence-based pregnancy care, mental health, and physical changes, in a supportive setting. The Early Pregnancy Zoom is grant-supported and coordinated by Shannon Williams, RN, CLC, Lead Nurse.

Community Health Worker: Destinee Ellis, a TMC client who joined our staff in 2019, became TMC's first Community Health Worker in 2022. Destinee has since completed the Community Outreach Perinatal Educator (COPE) program. The Community Health Worker increases access to care at TMC and in the community by connecting TMC clients to community services and resources while providing additional health education and peer social support.

Virtual Tour: Potential clients can now take a virtual tour of The Midwife Center. The tour was produced by YaMomzHouse, an Emmy Award-winning company, and helps more people learn about prenatal, birthing, and postpartum care at TMC.

2022 OUTCOME STATISTICS

TMC's excellent outcomes* in 2022 include:

5.2%
the midwife center

32.1%
nationally

CESAREAN

1.6% the midwife center

10.5% nationally

PREMATURE

1.8% the midwife center

8.5% nationally

LOW

BIRTHWEIGHT

the midwife center welcomed

382
babies in 2022

BABIES

BORN

Krista's Birth Story

"My team encouraged me! They gave me the confidence I needed to push the baby downward. As she was crowning I asked, "is she out!?" because she certainly felt like she was. The "ring of fire," felt like way more than a ring, everything hurt! I was in intense pain but knew it was pain with a purpose. With a few pushes her head was out, there was a moment of pause then the rest of her body slid out! About 40 minutes after my water broke, my sweet rainbow baby, June, was born. Jessie placed her on my back, and I felt immense relief and bliss with that warm, wet, little body on me.

Shortly after June was born, she was passed under my legs to my husband, and then she was handed to me. I waited for that exact moment for so long. We walked over to the bed and I got to admire my sweet baby on my chest.

I cannot thank the team at The Midwife Center enough. Though my birth was intense, fast, and furious, it was everything I worked so hard for."

-Krista Emnett, TMC Client

Read the full story at midwifecenter.org.



After giving birth in the Mountain Room's water tub, Krista, embracing her husband, feels her baby June placed on her back for immediate skin-to-skin contact by Jessie Holmquist, DNP, CNM. Photo credit: Pittsburgh Born Photography & Doula Services



Krista and her husband bonding with their baby, June.

2022 IMPACT

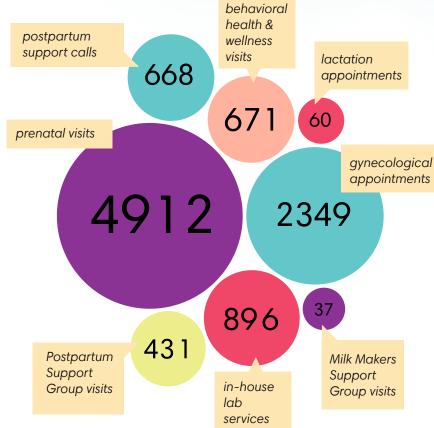


The Postpartum Support Group, led by Jul Bibro-Ruch, LCSW, CYT, PMH-C, Senior Staff Behavioral Health & Wellness, began meeting in-person again once a month, in addition to virtual visits that allow for more access.

1,000+ people reached through community education & engagement.

81 clients recieved charity care clients received charity care, sliding scale discounts, and class scholarships, and 27% of clients used Medicaid insurance.

25% of perinatal services were recieved by BIPOC clients in 2022, compared to 13% in 2017.



CELEBRATING TMC'S STAFF



TMC's Diversity, Equity, & Inclusion committee at a December 2022 retreat facilitated by Hugh Lane Wellness Foundation.

TMC'S DIVERSITY, EQUITY, & INCLUSION COMMITTEE

worked to establish priorities, develop a DEI plan with the staff and board, and write a DEI statement for TMC. This work is part of our organizational commitment to increase access to TMC's services and create a safe, inclusive, and satisfying experience for our clients, community, staff, and students.

KARA PETERSON, MSN, CNM received the American Association of Birth Centers' Professional Achievement Award. Kara was also voted onto the Commission for the Accreditation of Birth Centers' Board of Commissioners. Kara left TMC after nearly 20 years in mid-2023 to pursue her next steps as a Family Nurse Practitioner at Pittsburgh Mercy - we are so grateful for everything she did for TMC families & are excited that she is continuing to serve the Pittsburgh community.

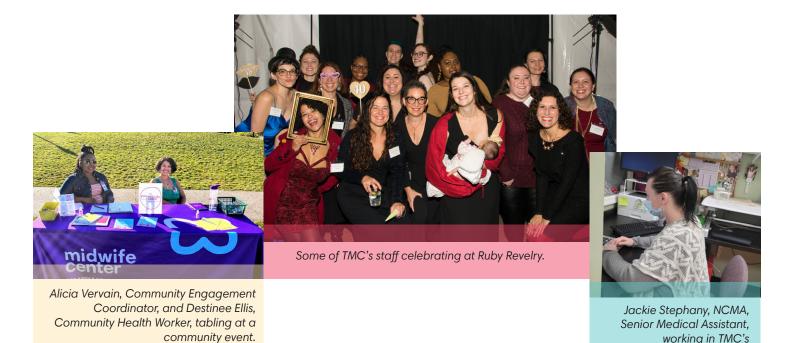
DEJANÉ DOZIER, MSN, CNM was honored as one of New Pittsburgh Courier's FAB 40 for her contributions to the Pittsburgh community as a midwife. FAB 40 recognizes, "local young African American professionals who inspire others through their vision, leadership, exceptional achievements, and participation in community service." DeJané joined TMC in 2019 as the 15th Ruth Brexendorf Stifel Fellow and is now a staff midwife.

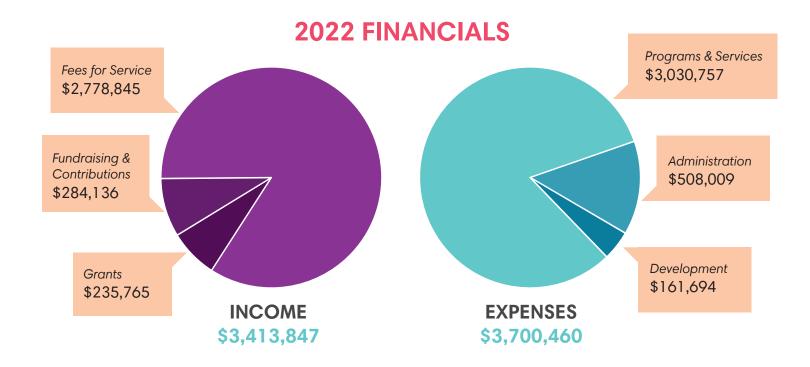
CHERYL BRADSHAW, BSN, RN, IBCLC, TMC's Client Care Service Director, was voted onto the American Association of Birth Centers' Board. As part of the AABC's Board, she will help to shape the AABC's work and represent TMC on a national level. Cheryl has served on the AABC's Program Committee since 2016.



DeJané Dozier, MSN, CNM, receiving the New Pittsburgh Courier's Fab 40 Under 40 award.

in-house lab.



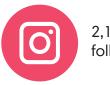




SUPPORT TMC Donate to ensure that individuals and families in the Pittsburgh region can count on The Midwife Center for safe, evidence-based prenatal, childbirth, and gynecological care.

Scan the QR code to give, or visit midwifecenter.org/donate

OUR REACH



2,110 followers



5.7k followers



498 followers

The Midwife Center provides a refreshing alternative to the medical interventionalism so characteristic of modern obstetrics. Pregnancy and childbirth are viewed as normal biological conditions, not emergencies waiting to happen.

> Daniel Edelstone, MD Medical Advisory Committee member

THANK YOU TO OUR SUPPORTERS

Throughout 2022, you and all of our supporters showed up for The Midwife Center in so many ways. You made a huge impact on our clients and community through your generosity and commitment to The Midwife Center. We sincerely thank all of our donors for your support. The donors listed made gifts between January 1 and December 31, 2022.

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